



..... CONQUER YOUR

JAW PAIN

.....

We think it's time you got back to living again, don't you?

PRESENTED BY



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What is Temporomandibular Joint Disorder (TMD, TMJ)?

The joint that connects your jaw to the bones of your skull is called the temporomandibular joint. It's what allows you to move your jaw. A healthy temporomandibular joint allows you to chat with your friends, eat a delectable, big sandwich comfortably, and even yawn.

When you suffer from problems with this joint (and the muscles that control it), that's what is known as a Temporomandibular Joint Disorder. TMD is the proper abbreviation, but most people mistakenly refer to it as TMJ.



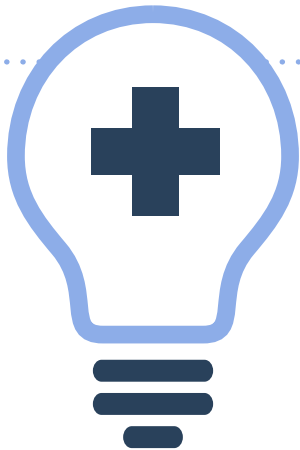
Ages 20-50

is when risk of developing TMJ is the greatest. Usually the cause of TMJ is a combination of muscle tension, anatomical problems, and injuries.

Signs you might be suffering from TMD (TMJ):

- ✓ Chronic headaches
- ✓ Pain in the neck and shoulders
- ✓ Inability to fully open the jaw
- ✓ An uncomfortable bite where upper and lower teeth fit together
- ✓ Pain, pressure, or fullness in the ears
- ✓ Stiff jaw muscles
- ✓ Ringing in the ears
- ✓ A jaw that locks (won't move)
- ✓ Pain that radiates in the face, jaw, or neck
- ✓ Jaw pain, clicking, popping or grating when moving the mouth

[CLICK HERE TO DOWNLOAD OUR TMJ SYMPTOMS QUESTIONNAIRE](#)




Each of the above symptoms can be indicators of TMD (TMJ).

However, before you assume you have TMD, it's a good idea to visit your regular medical provider to rule out any other possible conditions.

TMD can lead to severe consequences; don't ignore it!

Many people continue to suffer, thinking their TMD pain will go away without intervention.

In some cases, it will. For the majority of others, they will need treatment to stop the condition from progressing. If pain isn't motivation enough, it's important to know, untreated TMD can lead to tooth loss and joint degeneration that could result in a permanent disability.



Untreated TMD can lead to:

✘ Tooth loss

✘ Degenerative Joint Disease (DJD)

✘ Permanent jaw disability

✘ Malnourishment from an inability to chew properly

Avoid Risky Surgery With Non-Invasive Treatment.



Acute TMD

Pain and dysfunction of the jaws that is of recent onset could be considered acute in nature, especially if there has been a sudden injury. In this case, short-term interventions can be considered.

- ✓ Soft diet
- ✓ Medication
- ✓ Physical therapy
- ✓ Oral appliances



Chronic TMD

When symptoms last for many months or years the condition can be considered chronic in nature. In this case, diagnosis should focus on the root cause that is either directly causing the TMD or is preventing an injury from healing. Treatment should focus on alleviating the root cause.

- ✓ Mouth orthotics: used if the root cause is mis-alignment of the jaws.
- ✓ Orthodontics: used if the root cause is mis-alignment of the teeth.
- ✓ Crowns/veneers: used if the root cause is worn or broken down teeth.



ENOUGH SUFFERING.

FIND RELIEF!

- 1 Visit our website, schedule your consultation.**
Don't worry, you aren't obligated to do anything.
- 2 Come in and we'll discuss your options.**
We'll meet with you to determine which treatment (or combination) will work best for you!

CLICK TO SCHEDULE NOW



**Oral Health
Solutions**

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