



Dr. Cam Garrett DMD  
Dr. Steven C. Hill DMD

### **Pre-surgery instructions:**

We find that most patients are somewhat apprehensive concerning their upcoming surgical appointment. Nearly everyone, however, finds the experience much easier than they had imagined. We want you to know that our entire team is committed to making your experience as easy and pleasant as possible. As with most events, some prior planning and preparation will help ensure that things go smoothly. Please review the instructions below carefully. If you have any questions or concerns, do not hesitate to contact us.

- 1) Please wear loose fitting and comfortable clothing. A short sleeve, or a sleeve that can be rolled up, is preferred if we need to monitor your blood pressure.
- 2) Sedated patients must have a responsible adult bring them and collect them from the office. If the driver does not wish to remain at the office during the appointment, they may leave a phone number where our office may contact them prior to the end of the appointment. Post operative instructions will be discussed with this person at the end of your appointment, and a post operative package will be given.
- 3) If you are being sedated, please refrain from eating anything few hours prior to your appointment.
- 4) Try not to plan any activities the evening after the surgery. It is recommended that you maintain a light schedule for the remainder of the day and usually the following day.
- 5) Depending on your procedure, medications may be prescribed. These will be taken prior to, and/or after surgery. Please take these according to the directions on the bottle.
- 6) Medications prescribed by your physician should be taken at their regular time and dosage unless otherwise instructed. Please advise us of any medications you are taking.
- 7) It is preferred if alcoholic beverages can be avoided 12 hours prior to, and 48 hours after the procedure.
- 8) There may be sutures in your gums and they will be removed approximately two weeks after surgery, or we may use resorbable sutures. In that case, the sutures do not need to be removed as they dissolve on their own typically in 3 to 4 days.
- 9) Generally post-operative healing occurs with out any cause for concern, but if the procedure was more involved, the doctor may require a post-operative appointment to evaluate and manage healing.